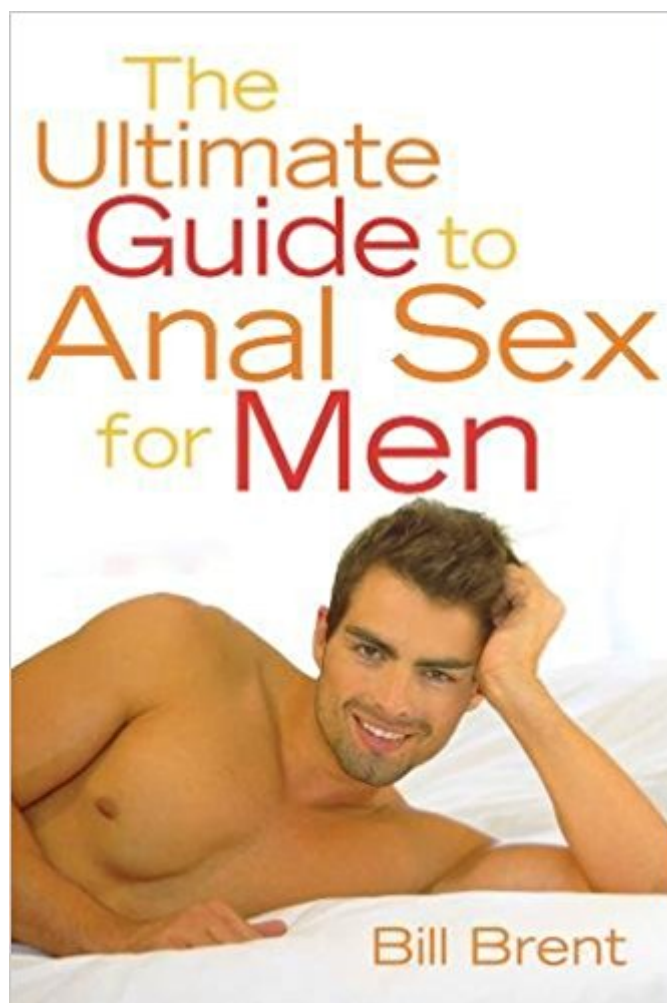


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The Ultimate Guide To Anal Sex For Men



Synopsis

From the publishers of the best-selling Ultimate Guide to Anal Sex for Women (35,000 copies sold) comes a companion book for men. Among the topics covered are safety, preparation, and hygiene; how to give and receive anal pleasure; building trust and communicating desires; and choosing toys, accessories, and safe-sex supplies. An extensive resource guide of books, videos, and Web sites is also included.

Book Information

Series: Ultimate Guides Series

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Average Customer Review: 4.5 out of 5 stars 24 customer reviews

Best Sellers Rank: #654,077 in Books (See Top 100 in Books) #74 in Books > Health, Fitness & Dieting > Men's Health > Sexual Health & Impotence #1067 in Books > Health, Fitness & Dieting > Sexual Health > General #2304 in Books > Self-Help > Sex

Customer Reviews

I found the information in this book sensible and sane, and believe it is useful for both "tops" and "bottoms" who want to get the most out of an encounter. The overall message for beginners is to take things gradually, starting with self-exploration, and don't martyr yourself if anything becomes uncomfortable or scary. Since I believe a lot of the issues with anal sex are psychological -- beginning with the mindset necessary to relax and feel sufficiently at ease to allow penetration -- the author's emphasis on going at one's own pace is sensible. It could be argued that this book has some filler, but really it's not horrible and the book is reasonably priced. It seems unlikely that an old hand would find much in here that they hadn't already figured out, but there may be some surprises, especially in the health/medical discussions. And it's OK to skip sections that aren't of interest, such as (in my case) the chapter on fisting. I certainly did not encounter anything that I strongly disagreed with. All in all, not a bad compendium.

This book is ideal for those with little or no experience in this area. Before reading this, my partner and I each had a little but not enough to be fully comfortable or adept at anal play. After reading this and using some of the concepts contained in the book, we both find it much more enjoyable and satisfying. I can definitely recommend it for any gay couples looking for some advice on the subject. At the same time, much of the advice in the book is generic enough for both male/female and male/male couples interested in anal sex; in fact, the few illustrations included feature both types of couples. There are no photos or erotic stories, so don't expect pornography here; what you will find is very useful information written in a "straightforward" fashion. The book is well organized with something for everyone. The chapter on technique was the most helpful with tips on preparation, which is especially important for those who are inexperienced. It also has a section on positions with a description and illustration for each. For those looking to experiment on their own or as a precursor, there's a chapter on toys and one on self-exploration. The general chapters on anatomy, hygiene, and health provide good answers to questions some might have. Chapters on lube and communication contain good information for those starting out too. Finally, there are chapters on specific interests - analingus, fisting, some recreational drugs, and "extreme play" (such as water sports and the like). While most of this information is likely available elsewhere if you go searching for it, I find this book to be a great resource that brings it all together. Primarily useful for those new to anal play, you probably won't pick it up much after you've become more experienced; however, you will be glad to have it when first getting that experience.

This product is very nice. it improves and enhance my performace! Thank you for this product!

While today's same sex marriage dialog seems light years from the American I grew up in during the 1950's. How I wish I had had a book like this when I was coming out in the very late '60s/early '70s. It was a minefield time which really needed a well informed and well written guide like this. And then cam AIDS, which makes this even more important, particularly as their seems to be many who are forgetting about the realities and necessity of safe sex. I have given serveral copies to young men I know who are coming out.

Ok I thought this book was very useful. We can all learn and this book covers the basics as well as some advanced techniques. I learnt stuff. Learnt about how to do it better, learnt about what we can catch and just generally found out more about this topic. Great read thanks.

Entertaining, educational, current and fascinating! I couldn't put it down. And the author has such a liberated and liberating attitude toward the subject matter I couldn't help but like him. This is one book I'll never regret buying.

Bill is so knowledgeable and does a great job in this book. Really insightful and instructional...an easy read too. Play safe...live healthy!

This book is informative and well written. It also has elements of humour through it. That said, apart from some details on things such as 'fisting' etc, that probably won't apply to most readers anyway, there's nothing groundbreaking between the (somewhat tacky) covers.

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